

Lesson 32

Armor Of God

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Ages 2-5

Opening Prayer to welcome the start of the session. For example:

“Dear God, thank you for bringing us together again today. Please help us to learn about you. Help us also to do the things you want us to do and follow in your footsteps. Amen.”

Activity:

Have the children go on a treasure hunt. Purchase a pretend sword, breastplate, shield and belt or make these items from materials such as poster board. Hide the items around the room before the children arrive. When all of the children have arrived tell them that they are going to go on a treasure hunt for things that are going to be in the Bible lesson. Then let them go and find the items. (For a larger class you might want to bring more than one of each item or find hide pictures of these items also so that all children get to find something)

Bible Story:

Tell about spiritual warfare (Ephesians 6: 10-18) in such a way that this age group can understand.

Discussion:

Talk to the children about each piece of armor and how each piece can help us.

Art:

Have the children draw a picture of each piece of armor with crayons or markers. You may want to draw each piece before class so you can use your picture as an example that the children can look at.

Song:

Sing the song The B-I-B-L-E

The B-I-B-L-E

Yes that's the book for me.

I stand alone on the Word of God

The B-I-B-L-E.

The B-I-B-L-E

Yes that's the book for me

I read and pray, trust and obey

The B-I-B-L-E.

Closing Prayer to ask for help to remember to put on the armor of God. For example:

"Dear God, thank you for helping us learn about you. Thank you for loving us. Please help us to remember to wear your armor so that we can stay safe and do good things. Amen."

Ages 6-8

Opening Prayer to open the session. For example:

"Dear God, thank you for bringing us together again on this day. Please help us to learn from your words and follow in your ways. Amen."

Bible Story:

Tell about spiritual warfare (Ephesians 6: 10-18) in such a way that this age group can understand.

Discussion:

Talk about why we need the armor. Talk about how each piece of armor will help us.

Activity:

Have the children make a shield.

Materials needed:

Poster board
Scissors
Markers
Pencils

Before the children come in pre-cut each piece of poster board into the shape of a shield. You should cut one for each child. After you have told about spiritual warfare and talked about the importance of the armor, have each child design their shield.

Discussion:

Have the children show their classmates their shield. Have them explain what they drew on their shield and why they drew what they did.

Activity:

Play the Verse Quest.

Materials Needed:

Chalk board, Marker board or Poster board
Sticky notes

Write the memory verse (Ephesians 6: 10) on the board. Underneath that, draw a maze, at the end of the maze draw a picture of the pieces of armor that are in the bible reading. Cover the maze up until you are ready for it.

Practice the memory verse with the children until they seem to have it down. Then cover up several words with sticky notes and uncover the maze. Have them volunteer to fill in the missing words. Whoever fills in a word gets to choose a direction to go in the maze. When they have gotten all the way through the maze you can tell them that their teamwork has helped them get the armor that they need to fight evil.

Closing Prayer to ask for help in remembering to wear the armor everyday. For example:

“Dear God, thank you for being there for us. Thank you for guiding us everyday. Please help us to remember to put on your armor everyday. Amen.”

Ages 9-11

Opening Prayer to welcome the start of the session. For example:

"Dear God, thank you for bringing us together to learn about you. Please help us to follow you and walk in your footsteps. Amen."

Bible Story:

Have the students read Ephesians 6: 10-18.

Discussion:

Talk about the armor of God. Discuss each piece and how each piece will help us.

Art:

Have the students draw armor on themselves.

Materials needed:

Butcher paper
Pencils
Markers
Crayons
Foil
Glue
Tape
Colored paper

Have the students take turns drawing an outline of each other on butcher paper. Then have them draw armor on the outline of themselves. When they are done you can display their work around the room.

Activity:

Have the students play a Bible relay race.

Materials needed:

Marker board, chalkboard or 2 large pieces of poster board
Writing utensil (will depend on which kind of board you have)

Split the students into two teams. Each team will have a poster board attached to the wall or space on the chalk board or marker board to write on. Have the teams race to see who can write the different pieces of armor that the Bible reading mentioned. After each piece of armor has been written have them race to see which team can draw each piece first. Make sure that each team member gets a turn to write and/or draw, depending on the size of the class.

Closing Prayer to ask for help in remembering to wear God's armor each day. For example:

"Dear God, thank you for leading us in our fellowship. Please help us to remember to wear your armor everyday so that we can stay safe and do good things for you. Amen."

Ages 12-14

Opening Prayer to open the session. For example:

“Dear God, thank you for bringing us together to worship you. Please help us to gain a better understanding of you and your words. Help us to follow your path. Amen.”

Discussion:

Talk about how we can fight evil off. Ask the students how God helps us when we face evil. Ask them what they do when they are faced with evil such as temptation.

Bible Reading:

Have the students read Ephesians 6: 10-18.

Discussion:

Talk about the armor of God. Ask the students why we need the armor. Ask them what God does to help us when we are faced with evil. Discuss each piece of armor and the importance of each.

Art:

Have the students make the armor pieces.

Materials needed:

Paper towel tubes
Wrapping paper tubes
Felt
Poster board
Markers
Scissors
Pencils
Colored paper
Glue
Tape
Any other craft materials you have on hand

Give the students the various materials. Have them use what they can find in the materials to make each piece of the armor.

Extension to Art:

Have the students find and write the corresponding Bible verse on each piece of armor. For example, they would write “Stand firm then, with the belt of truth buckled around your waist...”(Ephesians 6:14) on the belt that they made.

Closing Prayer to ask for help in helping us to remember to wear His armor each day. For example:

“Dear God, thank you for loving us. Please help us remember to wear your armor everyday so that we can fight off evil and do what you want us to do. Please keep us safe in your care. Amen.”