

# Lesson 10

## -Jesus Washes Disciples' Feet/Humility-

### Jesus Washes Disciples' Feet - Humility

#### 2-5 Years:

**Opening Prayer** to welcome the start of the session. For example:

"Dear God. We thank you for the chance to meet once again in your presence. Help us to learn more about your work and to understand how we can follow in your footsteps. Amen"

**Bible Story:** Tell the story of Jesus washing the feet of the disciples in basic language that this age group can understand. If you can't find an illustrated copy of this in the library for use in your class, use the bible but translate the bible story into a simple language that the little ones can understand.

**Discussion:** Who's the best? Talk about the meaning of the story and how Jesus was showing us that we are not better than the other people around us. Also discuss how it makes us feel when someone says that we are not as good as they are.

**Art:** For this project you will need some construction paper, a pen, art supplies, glue or double sided tape, and large bowl shape cut out of construction paper.



Put the children into pairs - if possible group an older child with a younger one. Have them take off their shoes and socks. Each child should draw around the feet of his or her partner onto some construction paper. Once the feet shapes are on paper, the children should color them and then you cut them out. Put the name of each child onto the appropriate feet and then stick these onto your bowl shape and pin the completed picture on the wall to remind the children of the humility of Jesus who washed the feet of his disciples so that they remember that no-one is greater than another.

**Song:** (to the tune of: Row, Row, Row your boat)

Jesus washed their feet  
 But disciples did protest  
 Washed them gently just to show  
 Humility is best



**Game:** Hunt the foot

Need: 1 cut out foot shape.

Ask the children to close their eyes whilst you hide the foot shape. When it's hidden, ask the children to find it. Whoever finds it, gets to hide it whilst the others again close their eyes.

**Closing Prayer** thanking God for his son Jesus who taught us humility. For example:

"Dear God, thank you for your son Jesus Christ who taught us that we should not think ourselves better than anyone else. Amen"

**6-8 Years:**

**Opening prayer** to welcome the start of the class. For example:

"Dear God, We thank you for the chance to meet once again in your presence. Help us to learn more about your work and to understand how we can follow in your footsteps. Amen"

**Bible Story:**

Tell the story of Jesus washing the disciples feet to the children in the class.

A picture book version isn't necessary but a simplified version of the story will put it into the understand level of the age group. If you have a children's bible that you use with your class, then this ought to be appropriate.

**Drama:**

Have the class act out the story with one person playing Jesus. If desired, you could provide a bowl and towel to make the scene more realistic, but no water.

**Discussion:**

Why did Jesus do this? What examples do the children have in their own lives where they have been made to feel that they were not as worthy as another child? What would Jesus say about that?

**Activity:**

For this project you will need some construction paper, a pen, art supplies, glue or double sided tape, and large bowl shape cut out of construction paper. Put the children into pairs. Have them take off their shoes and socks. Each child should draw around the feet of his or her partner onto construction paper. Once the feet shapes are on paper, the children should write the name of the feet owner onto the shapes and then color them before they cut them out. All of the decorated feet should now be stuck onto your bowl shape. Pin the completed picture on the wall to remind the children of the humility of Jesus who washed the feet of his disciples so that they remember that no-one is greater than another.

**Closing Prayer** thanking God for Jesus who taught us that we should not believe we are greater than anyone else. For example:

**9-11 Years:**

**Opening prayer** to open the session. For example:

"Dear God, We thank you for the chance to meet once again in your presence. Help us to learn more about your work and to understand how we can follow in your footsteps. Amen"

**Bible Story:**

Read the story of Jesus washing the feet of his disciples. Ask for volunteers to read the verses, or go around the room with each child in turn reading one verse.

John 13: 1-17



John  
13: 1-17

**Discussion 1:**

What is this bible story about? Why is it important?

**Activity:** Unravel the bible verse

"I vcha tes uyo na xempacl hatt ouy dluohs od sa I ehav neod rof uyo. I left uoy eht hurtt, on vntares si graet naht sih remats, ron si a semgersne ratgeter nhta cht noe how tens mih."

**Discussion 2:**

In what ways do people imply that they are better than others? How do we feel when someone makes us feel that they are better than us? What can we do so that we don't make others feel that way?

**Activity 2:** Role play

In pairs, have the students first of all create a short conversation where one of them is bragging about being better or having something better than the other. Then have the other person show how they can turn that conversation into one that shows humility in action. - these should be performed in front of the class Be prepared to offer a few scenarios if the students can't think of any themselves.

For example:

### Conversation 1

Student A: Oh you've got a new MP3 player?

Student B: Yeah, it's the latest one. It's got a huge memory so I can put all my favorite songs on it - at least 100 - let's see yours.

Student A: <shows their MP3 player> My mom did some overtime last month so she could buy it for me.

Student B: <glances quickly at the shown item> Oh, it's only a cheap one. I bet it doesn't have any of the super-duper features that mine has. I bet that mine will last much longer than yours! Did I tell it's the top of the range latest MP3 player? Most expensive one in the store daddy said so.

Student A: <quickly stuff the MP3 player back into pocket before the other student can say any more.

### Conversation 2

Student A: Oh you've got a new MP3 player?

Student B: Yes, my daddy bought it for me. It plays a lot of songs.

You've got one already haven't you? Can I see it?

Student A: <shows their MP3 player> My mom did some overtime last month so she could buy it for me.

Student B: You're lucky, my mom doesn't know what an MP3 player is!

After each role play situation, ask the rest of the class to identify the lack of humility in the first situation and then where the humility was shown in the second.

**Closing Prayer** thanking God for his son Jesus who showed us how Christian people should live. For example:

"Dear God, thank you for your son Jesus Christ who taught us by his example how we should live as Christians. Guide our voices so that we never make someone else feel that they are inferior to us. Amen."

**12-14 Years:**

**Opening prayer** to start session. For example:

"Dear God, thank you for the chance to come together with others in fellowship to learn more about your love. Give us the wisdom to learn from your words, and to put what we learn to work as we go about our lives in the week to come."

**Bible Reading:**

Read the story of Jesus washing the feet of his disciples. Ask for volunteers to read the verses, or go around the room with each child in turn reading one verse.

John 13: 1-17

**Discussion 1:**

What is the important point of this bible passage? Why is washing someone's feet a good example of someone showing humility? How do we feel when someone makes us feel that they are better than we are?

**Activity 1: Role Play**

In pairs, make up a scene where one person makes the other feel inferior.

Have the rest of the class discuss the situation that was performed, and how it could have been handled with more humility.

Be prepared to give a few age appropriate examples that they can work with - clothes, hairstyle, gadgets, etc.

**Discussion 2:**

Think about the world in which we live. What examples are there of people who do not show humility? Why do the students think that people act in such a way as to cause others to feel inferior - for example power, greed.

**Activity 2:**

You have just won a competition - perhaps a beauty pageant or cycle race - and received a number of prizes. Write an account of your win for the local newspaper that shows both your humility at winning and respect for other competitors.

**Closing Prayer** thanking God for his son Jesus who showed how to act in humility, and asking for guidance so that we can also live in humility. For example:

"Dear God, thank you for your son Jesus Christ who showed us how we should live in humility. Guide our thoughts and actions so that we don't make others feel inferior and so show the work of God through our lives. Amen."