

# Lesson 40

-God Made Me-

## God Made Me

### **2-5 Years:**

**Opening Prayer:** To welcome the start of the class. For example:

"Dear God. As we once again come together, help us to learn more about your work and how we can be better Christians. Amen"

### **Bible Story:**

Tell the story of the creation of Adam and Eve in basic language that this age group can understand.

### **Discuss:**

God created Adam and Eve, and he created each of us - and we are all different. Get the children to look at the person sitting next to them on their right or left. Ask them to notice the differences, and then get them to notice the similarities - for example hair color, two eyes, etc.

### Game: People Memory

This requires a little preparation, but once you've made the game, you will be able to use it again in the future.

Find pictures of people in magazines, comic books, photos etc. Glue them onto postcards - try and find pictures that are similar in size and easy to identify from other pictures. Cut each card in half. Now place the cards face down on the table and have the children turn two cards over at a time, looking for pairs. If they don't have a pair, they should turn the cards face down again in the same place they found them.

### Song: (To the tune of "farmer's in the dell)

God created me  
 God created me  
 E-O-Me-daddy-O  
 God created me

He gave me eyes to see  
 He gave me eyes to see,  
 E-O-Me-Daddy-O  
 He gave me eyes to see

Use any or all of the following in turn - have the children point to the right part of the body as they sing:

Ears to hear  
 Nose to smell  
 Mouth to speak  
 Legs to walk  
 Arms to hug  
 Heart to love  
 Mind to pray



### Activity:

In advance of the session, cut out enough basic "people" shapes so that you can give one to each of your class. Provide crayons. Before class starts, color an example person so that it looks like you. Do similar hair color, eye color, clothes etc. Show this to the class so they know what you want them to do.

Give each child one of your "people" shapes, and help them color it so that it looks like them.

**Closing Prayer:** Thanking God for making them. For example:

"Dear God, thank you for making me. Help me to use my mind, heart and body in your work. Amen."

**6-8 Years:**

**Opening prayer:** To welcome students to class and introduce the theme. Keep the prayer simple and easy for the children to learn so that it can be said as a group prayer rather than one that the leader says. For example:

"Dear God. We thank you for the chance to meet once again in your presence. Help us to learn more about your work and to understand how we can follow in your footsteps. Amen"

**Bible Story:**

Tell the story of the creation of Adam and Eve in basic language that this age group can understand.

**Game:**

Have each student in turn come to the front of the class and describe a part of the body without touching it, looking at it or using the word itself. For example: "I use this part of my body to see with." They can be as clear or as tricky as they choose to be!

**Discussion 1:**

All people look different, and yet they look the same. Name the similarities. Name the differences. It's like when you buy a car - each car has four wheels, an engine, somewhere to sit, a wheel to turn, but then there are differences such as make - Ford, Toyota, Chevrolet, etc, color, size. Are there other examples that the children can come up with?

**Activity:**

Bring a map of the world, and some pictures of children - cartoon/graphic type images will work best as these will show the differences/similarities easier than a photograph - from other countries. You could even photocopy a map of the world and give this to each child, and then have them put a mark on this as you hold up the pictures so that they can try and identify which part of the world each child comes from.

**Discussion 2:**

God just didn't make our outsides. He made our insides, and how we feel about things. As with the outsides, we all feel, but we feel differently about different things. What kind of things do we feel - emotions. How do we show our emotions?

You could hold up pictures of children exhibiting various emotions here and have the class guess what emotion it is.

Or

Write down a number of different emotions on separate pieces of paper. Have each child in turn, come to the front of the desk, take a piece of paper, read it, and then act out that emotion for the rest of the class to guess.

**Closing Prayer:** Thanking God for making us. For example:

"Dear God, thank you for making me. Thank you for the way I look, and the way I am. Help me to wisely use what you have made in your work. Amen."

**9-11 Years:**

**Opening prayer:** To welcome students to class and introduce the theme. Keep the prayer simple and easy for the children to learn so that it can be said as a group prayer rather than one that the leader says. For example:

"Dear God. We thank you for the chance to meet once again in your presence. Help us to learn more about your work and to understand how we can follow in your footsteps. Amen"

**Bible Story:**

Tell story of the creation of Adam and Eve.

**Discussion 1:**

Adam and Eve were the first man and woman God created. They looked the same as you and I. In what ways might they have been different? In what ways would they have been the same?

**Activity 1:**

Follow-the-leader. Appoint someone to stand at the front of the class and have them lead the class who will follow their actions - such as putting hands in the air, standing on one leg, scratching head, turning around, jumping on the spot, etc.

**Discussion 2:**

How can you use your body in God's work? You can read his word. You can spend time working in the service of others who need help. You can pray for guidance. Think about the you that's inside your body. What are you really like? Are you someone who wants to be different from others, or do you prefer to be the same? Are you someone who follows a leader - has to have the same brand names, same gadgets, etc - or are you an individual? Christians follow a leader - who is that leader?

**Activity:**

Write a letter to God telling him what you like about yourself.

**Closing Prayer:** Thanking God for creating you and making you an individual who is different from everyone else. For example:

"Dear God, thank you for making me. Thank you also that I am different from everyone else. I am unique. Help me to trust in your wisdom that being different from others is not something to fear. Amen."

**12-14 Years:**

**Opening prayer:** To welcome students to class and introduce the theme. Keep the prayer simple and easy for the students to learn so that it can be said as a group prayer rather than one that the leader says. For example:

"Dear God. We thank you for the chance to meet once again in your presence. Help us to learn more about your work and to understand how we can follow in your footsteps. Amen"

**Bible Reading:**

Read the story of Adam and Eve from the bible.

**Discussion 1:**

God created Adam in his own image. That means that each of us, as a descendent of Adam, is in God's image. That's a powerful thought.

Although we all look very similar, it is what's inside us that makes the biggest differences. External looks are superficial and increasingly we hear of people who are changing how they look in an attempt to look better. But what about inside? We sometimes hear that beauty is skin deep but can we be beautiful, if inside we are filled with anger, hate, and indecision? Even the most plain looking person is beautiful in the eyes of the Lord if they walk in his footsteps.

**Activity 1:**

Give each student a piece of paper and something to write with. Have them write a short essay with the title: God Made Me - Who Am I? Allow about 15 minutes for this activity. Invite any of the students to share their essay with the class if they wish.

**Discussion 2:**

Consider the following bible passage:

"Trust in the Lord with all your heart and lean not on your own understanding. In all your ways acknowledge him and he will make your paths straight." Proverbs 3:5-6

What does this mean? How can we relate this to our everyday interaction with our peers?

**Activity 2:**

Debate!

Divide the group into two halves. Tell one side that they are going to argue that how someone looks is the most important part of who they are, and the other side that they are going to argue

that is how they act which is the most important. Allow 10 minutes for the groups to choose a spokesperson and to brainstorm their debate argument before starting the debate. Once the debate begins, only the 2 spokespeople are on opposing sides, the rest of the class become one again until they vote on whoever gives the most convincing argument.

**Closing Prayer:** Thanking God for the differences between ourselves and other people. For example:

"Dear God, thank you that you created me in your image. Thank you also than each of us unique in our own way both inside and out. Guide us to remember that it is what's on the inside that is really important, and help us to use that to show your presence here on earth. Amen."