

# Lesson 37

## Who Is The Lamp?

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### 2-5 Years

**Opening Prayer** to welcome the start of the session. For example:

"Dear God. We thank you for the chance to meet in your presence once again. Please help us to learn more about you. Help us to do good things. Amen."

### **Discussion:**

Talk about what a lamp is and how it shines light. Talk about how the lamp helps us to keep from running into things.

### **Bible Story:**

Read the following passages about the lamp from the Bible:

2 Samuel 22:29

Psalm 119:105

Luke 8: 16

Make sure that the children understand what you have just read.

**Discussion:**

Talk about how God is a lamp that helps us know what to do in life, the Bible is a lamp that helps us to know what we are supposed to be doing and we are like lamps showing others the right things to do.

**Art:**

Have the students draw a picture.

**Materials needed:**

Paper

Crayons or markers

Give the children the paper and crayons or markers and have them draw a picture of themselves holding a lamp to light their way.

**Activity:**

Shine flashlights.

**Materials needed:**

Flashlights (1 for each child and 1 for the teacher(s))

Turn the lights off and leave only your flashlight on. Then hand flashlights on to the children one at a time. As you hand the flashlights to the children have them turn it on. When everyone has their flashlight on ask them what it was like before all of the flashlights were on. Ask them if they liked it when the room was so dark.

Talk about how sometimes the dark can be scary. Ask them what it is like now that everyone is shining their light. Talk about how it is not so scary when a lot of lights are shining. Then explain that shining our flashlights is kind of like doing good things to show that we love God. Tell the children that our good deeds make the world around us brighter, happier and not so scary, especially when there are a lot of us that are doing good things.

**Song:**

Sing the song Thy Word Is Like A Lamp Unto My Feet

Thy word is a lamp unto my feet  
 And a light unto my path.  
 Thy word is a lamp unto my feet  
 And a light unto my path.  
 When I feel afraid,  
 Think I've lost my way,  
 Still your there right beside me.

Nothing will I fear,  
 As long as you are near.  
 Please be near me to the end.  
 Thy word is a lamp unto my feet  
 And a light unto my path.  
 Thy word is a lamp unto my feet

And a light unto my path.

**Closing Prayer** thanking God for lighting our way and to ask Him to help us to remember to be a lamp for other people. For example:

Dear God, thank you for our class today. Help us to be follow your light. Also help us to remember to show others the right things to do. Be with us this week and keep us safe. Amen.

## 6-8 Years

**Opening Prayer** to welcome the start of the class. For example:

"Dear God, thank you for bringing us here together once again. Help us to learn more about you and to do the things you want us to do. Amen."

### Discussion:

Ask the children what lamps do. Ask them what lamps do for us. Ask them if we are lamps.

### Bible Story:

Read the following passages:

2 Samuel 22:29

Psalms 119:105

Luke 8: 16

*For thou art my lamp. O Lord! and the Lord <sup>lighter</sup> shall direct <sup>to my</sup> my way.  
Thy word is a lamp unto my feet, and a light <sup>pathway</sup> to my path.  
No man, when he lighteth a candle, covereth it with a vessel, or putteth it under a bed.*

### Discussion:

Ask the children again if we are lamps. Ask who else and what else are lamps. Discuss how God, the Bible and people are lamps.

### Art:

Have the children make a lamp.

Materials needed:

Toilet paper tubes

Colored Paper

Red, Yellow and Orange Felt

Glue

Tape

Markers

Give the children the materials. Let them use the materials to make a lamp in whatever way that they want.

### Activity:

Shine flashlights.

Materials needed:

Flashlights (1 for each child and 1 for the teacher(s))

Turn the lights off and leave only your flashlight on. Then hand flashlights on to the children one at a time. As you hand the flashlights to the children have them turn it on. When everyone has their flashlight on ask them what it was like before all of the flashlights were on. Ask them if they liked it when the room was so dark. Talk about how sometimes the dark can be scary. Ask them what it is like now that everyone is shining their light. Talk about how it is not so scary when a lot of lights are shining. Then explain that shining our flashlights is kind of like doing good things to show that we love God. Tell the children that our good deeds make the world around us brighter, happier and not so scary, especially when there are a lot of us that are doing good things.

**Closing Prayer** thanking God for lighting our way and asking for help in being lamps for others. For example:

“Dear God, thank you for our class today. Thank you for lighting our way so tha we know the right things to do. Help us light the way for other people so that they know the right things to do. Please keep us safe in your care. Amen.”

## 9-11 Years

**Opening Prayer** to open the session. For example:

“Dear God, we thank you for allowing us to meet in your presence today. Help us to learn more about you and do what you want us to do. Amen.”

### **Discussion:**

Ask the students how we know what choices are the right ones. Ask them if we can show other people which choices are the wise ones.

### **Bible Story:**

Have the students read the following passages:

2 Samuel 22:29

Psalm 119:105

Luke 8:16

### **Discussion:**

Ask the students who and what is the lamp. Ask them why the lamp is important.

### **Activity:**

Take the students into a large room such as the church gym or sanctuary. Give each student a flashlight. Turn the lights off and flip one flashlight on at a time. Talk about how as more flashlights came on it became easier to see. Explain that this is how it is when we shine the light of God for others around us. As more of us shine our light, the world becomes a brighter place and it is easier to see the right from the wrong.

### **Extension To Activity:**

Play Flashlight Find.

Have one student close his/her eyes and count to 20. While that student is counting have the others hide somewhere in the room with their flashlights turned off. (You will want to turn the lights on while they hide as a safety precaution). Then have the counter use his/her flashlight to find others. As others are found have them turn their flashlight on and help the counter find the rest of the students. You can repeat this activity as many times as time allows. When you are finished playing explain that this is what it is like in the world. We use our light to find others and help them to learn about God and then shine their lights. Then they use their lights to find others and the others learn about God and use their lights to find and teach others and so on.

**Closing Prayer** to thank God for His light and to ask for help in shining our light. For example:

Dear God, thank you for our lesson today. Thank you for bringing us together and helping us to learn more about you. Thank you for giving us light so that we can see which way to go. Please help us to shine our lights so that the world can become a brighter place. Amen.

## 12-14 Years

**Opening Prayer** to start the session. For example:

“Dear God, thank you for bringing us together in fellowship with each other. Help us to learn from your words. Help us to gain a better understanding of you as we study together. Amen.”

### **Discussion:**

Ask the students how they know what decisions are the right decisions to make everyday. Ask them how they know what God wants them to do.

### **Bible Reading:**

Have the students read the following passages:

2 Samuel 22:29

Psalm 119:105

Luke 8:16

### **Discussion:**

Ask the students again how we know what is right and what is wrong. Ask them how they can shine God’s light for others. Ask them what happens with one lamp versus many. Talk about the domino effect that can happen when we shine our light.

### **Activity:**

Play Flashlight Find.

### **Materials needed:**

Flashlights (1 for each student)

Give each student a flashlight. Have one student close his/her eyes and count to 20. While that student is counting have the others hide somewhere in the room with their flashlights turned off. When time is up turn the lights off. Then have the counter use his/her flashlight to find others. As others are found have them turn their flashlight on and help the counter find the rest of the students. You can repeat this activity as many times as time allows. When you are finished playing explain that this is what it is like in the world. We use our light to find others and help them to learn about God and then shine their lights. Then they use their lights to find others and the others learn about God and use their lights to find and teach others and so on.

### **Activity:**

Have the students get into partners. Have them do a role play in which they act out everyday interactions with their friends and family, such as waiting for class to start, playing basketball, shopping, etc. Have them act out ways that they can be a lamp and shine God’s light in these situations.

**Closing Prayer** to thank God for giving us light so that we know right from wrong and also to ask for help in shining our light for others. For example:

“Dear God, thank you for leading us in our study this morning. Thank you for shining your light so that we can see. Please help us be a lamp for others so that they may see the way to you also. Be with us this week and keep us safe. Amen.”